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Born in Eden, N. C. on October 14, 1974, Mandy started shagging at the age of 14. After watching Junior couples dance at a local contest, she was “hooked” and started lessons with Susie Beaver, competing in Junior contests until she was 20. A past board member of the Junior Shaggers Association and member of the Competitive Shaggers Association, Mandy is a two-time non-pro National Champion, a recipient of the Beth Mitchell Scholarship and a past member of the National Shag Dance Championships Dance Team. She danced in the Country Music Show “Hot Trips” and in the Alabama video “Shaggin’ on the Boulevard”. Mandy placed second in the 2001 North Atlantic Swing Dance Championships and in 2004, with partner Scott Campbell, placed second in the pro division of the National Shag Dance Championships and the USA Grand National Championships.