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Born in Burlington, N. C. on September 12, 1973, George was dragged “kicking and screaming” into the dance by his father, D.J. Tom Hamrick. He took his first lesson at the old Sand Flea in Greenville, S. C. from Hall of Famer Elaine Small Wilson. He competed in his first National Shag Dance Championships in 1990 and after watching Sam West and Kevin Womble and hearing the crowd response, he was “hooked”. A 3-time National Champion, including 2 Junior titles and 1 Non-Pro title, George finished 3rd Overall in 1991 and 2nd Overall in 1994. Having danced on the shag circuit for years, George won many Junior and Pro titles and became known as one of the best and most exciting dancers ever. He credits Charlie Womble and Jackie McGee for teaching him the dance and Hall of Famers Charles Gurley and Milton Nowell, Jr. for teaching him how to have fun with it.